



THE OTTAWA TENNIS AND LAWN BOWLING CLUB

Your cottage in the city

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Counsellor in Training Program

The CIT program runs in July and August, during camp weeks 3 to 10. **One CIT session consists of three consecutive camp weeks.** We do allow a break between the second and third week if required. The fees posted are for a 3-week session.

Included Activities

- Leadership development, problem-solving skills, practical information in dealing with campers on a day-to-day basis
- On-court instruction of how to run safe and effective tennis drills
- Participation in all camp activities on a day-to-day basis
- Assisting in the organization of pre- and post-camp activities/supervision
- Participating in pool activities
- Assisting equipment set up and take down
- And so much more!

Orientation

Before CIT's can begin their participation in the regular camp week, they must first complete an orientation session. The session will deal with both on and off-court activities, which are necessary in order for CIT's to be of assistance to campers and counselors. The date will be arranged throughout the first week of camp. The orientation will provide CIT's with all materials, assignments, and evaluation forms that will be used throughout their training to provide a strong understanding of expectations.